

Sterility Assurance & Quality Risk Management Conference



The background of the slide is a dark blue, semi-transparent image showing a dense field of rod-shaped bacteria, likely Bacillus spores, which are commonly used as biological indicators in sterilization validation. The bacteria are oriented in various directions, creating a textured, organic pattern.

Is your Sterilization Validation at Risk?

An Overview of Challenges Related to
Biological Indicators

Tiffany Bullock



Goal

- Minimize risk of failure to comply with sterilization validation requirements





Current Situation



Limited guidance



Conflicting information



Resources



Sterility Assurance & Quality Risk Management Conference

October 8th & 9th



Agenda Topics



Guidance Documents

Key Terms

Performance Characteristics

Responsibilities

Population Verification

Minimizing Risk



Audience Benefits



CONSERVATIVE APPROACH



ALIGNMENT OF RESOURCES



MINIMIZE RISK

The background of the slide is a dense field of microscopic, blue-tinted bacteria. The bacteria are primarily rod-shaped and appear to be in various orientations and depths of focus, creating a sense of a vast, active microbial community. The overall color palette is a monochromatic blue, ranging from deep navy to a lighter, almost white-blue where the text is located.

Guidance Documents



Key Guidance Documents



- USP <55> Biological Indicators – Resistance Performance Tests
- USP <1229.5> Biological Indicators for Sterilization
- USP <1117> Microbiological Best Laboratory Practices



- ANSI AAMI ST79 – Comprehensive Guide to Steam Sterilization and Sterility Assurance
- EN 285 Sterilization
- AAMI TIR13 – Principles of Industrial Moist Heat Sterilization



- 2004 FDA Guidance for Industry, Sterile Drug Products Produced by Aseptic Processing — Current Good Manufacturing Practice (CFR 211)
- EU GMP Annex 1, Manufacture of Sterile Medicinal Products



International Organization for Standardization

ISO 11135	Ethylene Oxide Sterilization
ISO 11138	Biological Indicators
ISO 17665	Moist Heat Sterilization
ISO 20857	Dry Heat Sterilization
ISO 14161	Guidance for Selection, Use, and Interpretation of Results

The background of the slide is a dense field of microscopic, blue-tinted, rod-shaped bacteria. The bacteria are oriented in various directions, some appearing in sharp focus while others are blurred in the background, creating a sense of depth. The overall color palette is a monochromatic blue, ranging from light to dark tones.

Key Terms



Key Terms

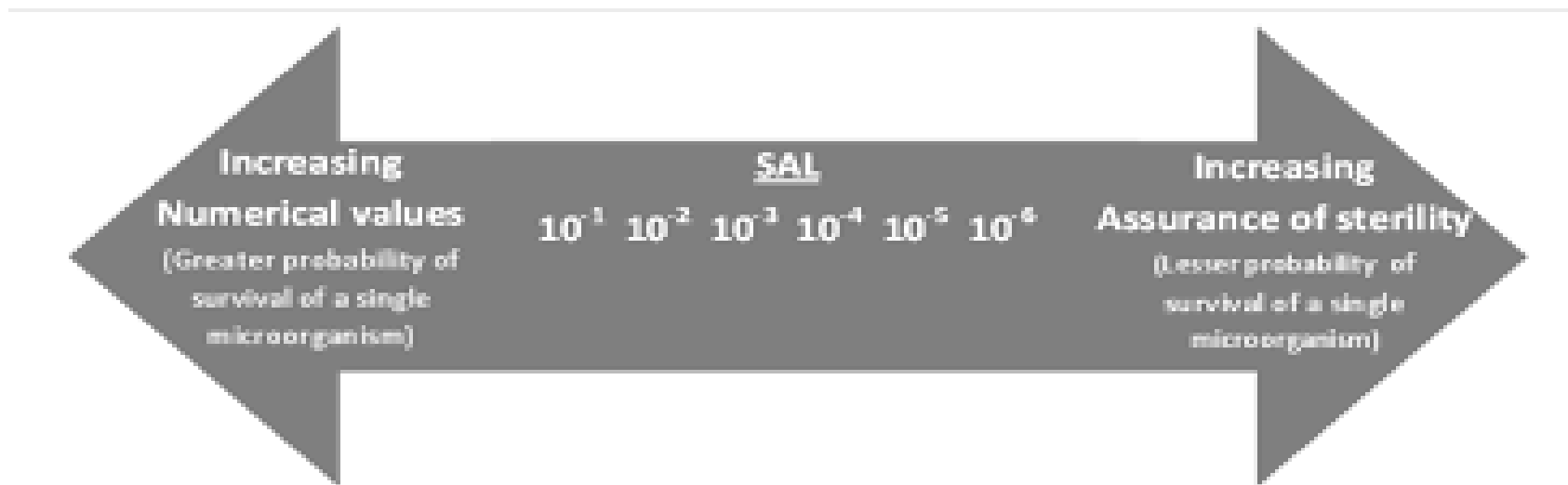
Biological Indicator - test system containing viable microorganisms providing a defined resistance to a specified sterilization process





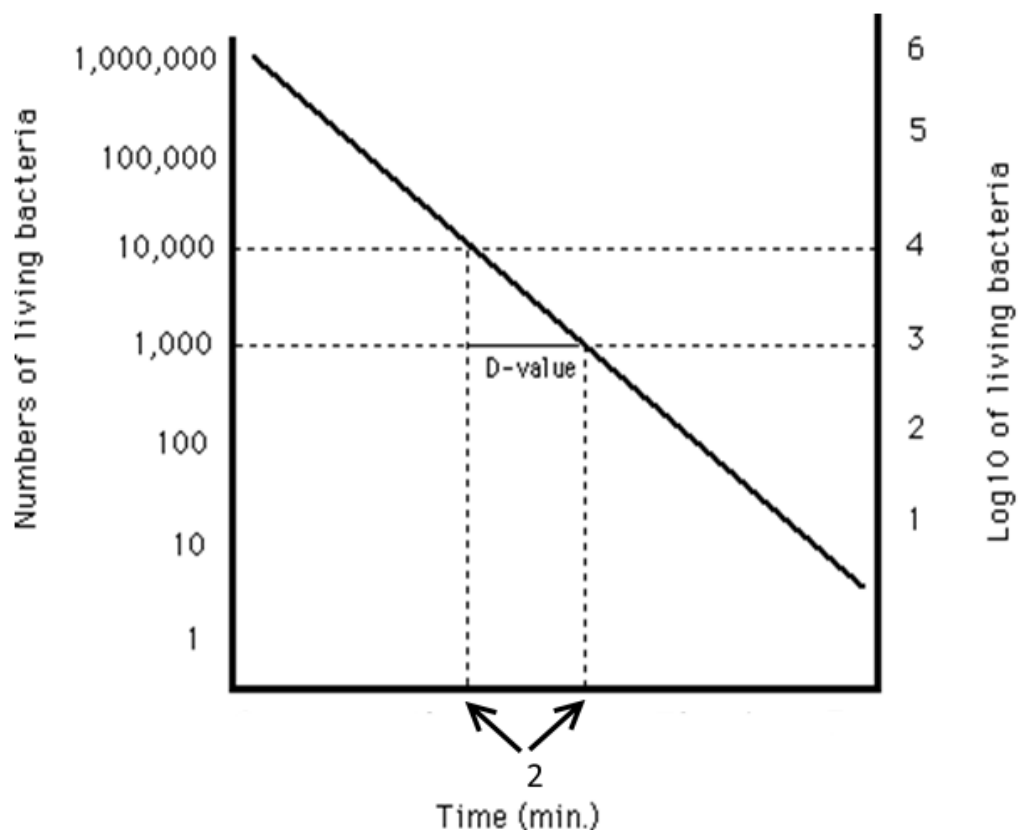
Key Terms

- Sterility Assurance Level (SAL) – the probability of a single viable microorganism remaining on a sterilized item, expressed as a negative exponent ($10^{-3}, 10^{-6}$)





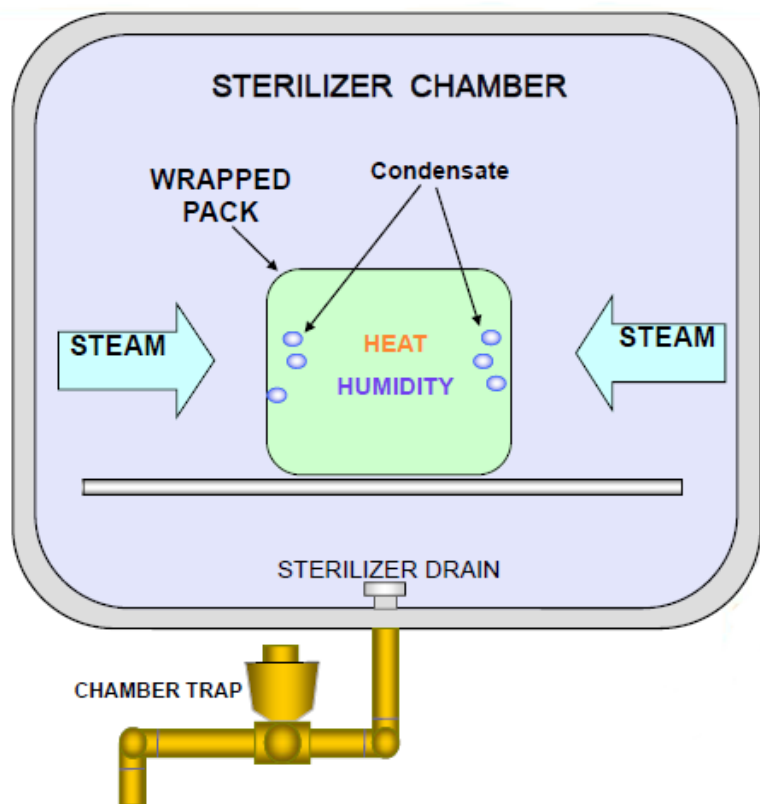
Key Terms



D-value - the time required at a specified temperature to reduce a population of microorganisms by one log or a 90% reduction in count



Key Terms



- Sterilization – validated process used to render the product free from viable microorganisms

A microscopic view of various rod-shaped bacteria, likely Bacillus pasteurii, used as biological indicators. The bacteria are shown in various orientations and focus, with some appearing sharp and others blurred. The background is a dark blue color.

Performance Characteristics

Biological Indicator Quality



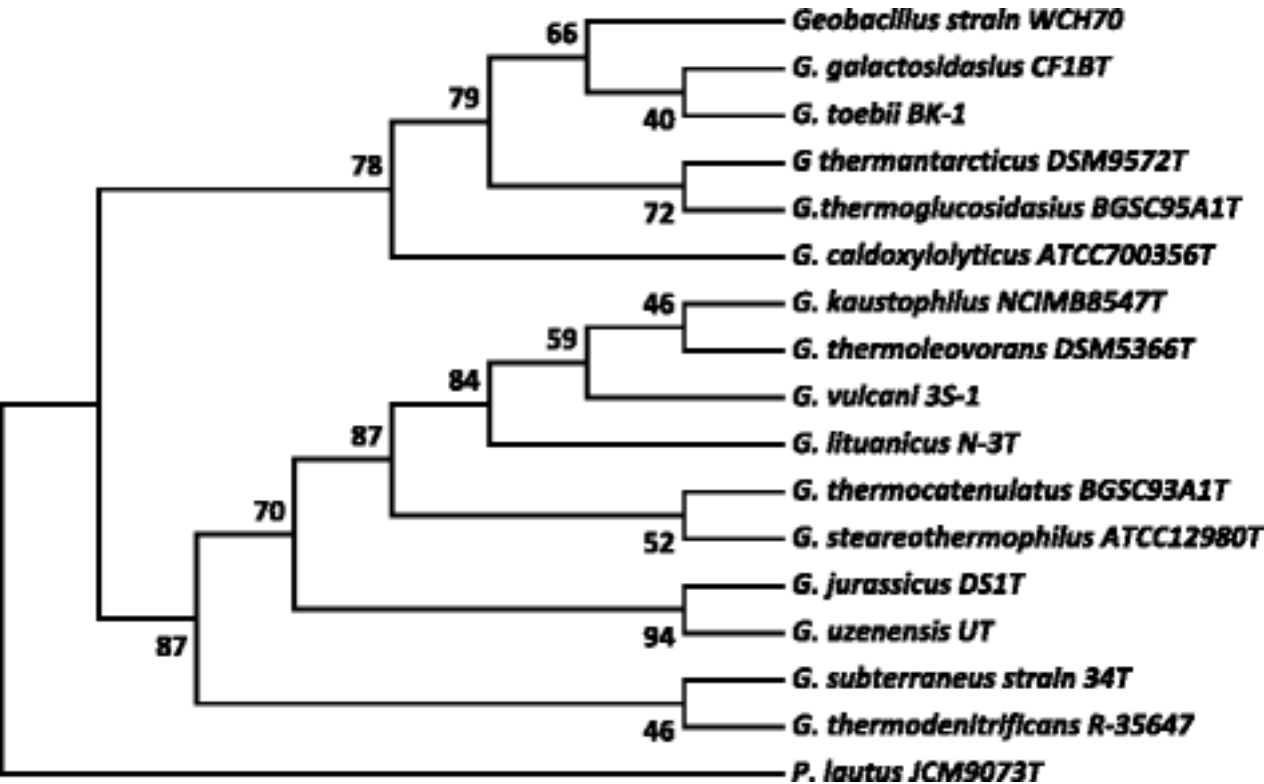
Performance Characteristics

- Population – Determination of Viable Count
 - BI population selection required for SAL





Performance Characteristics

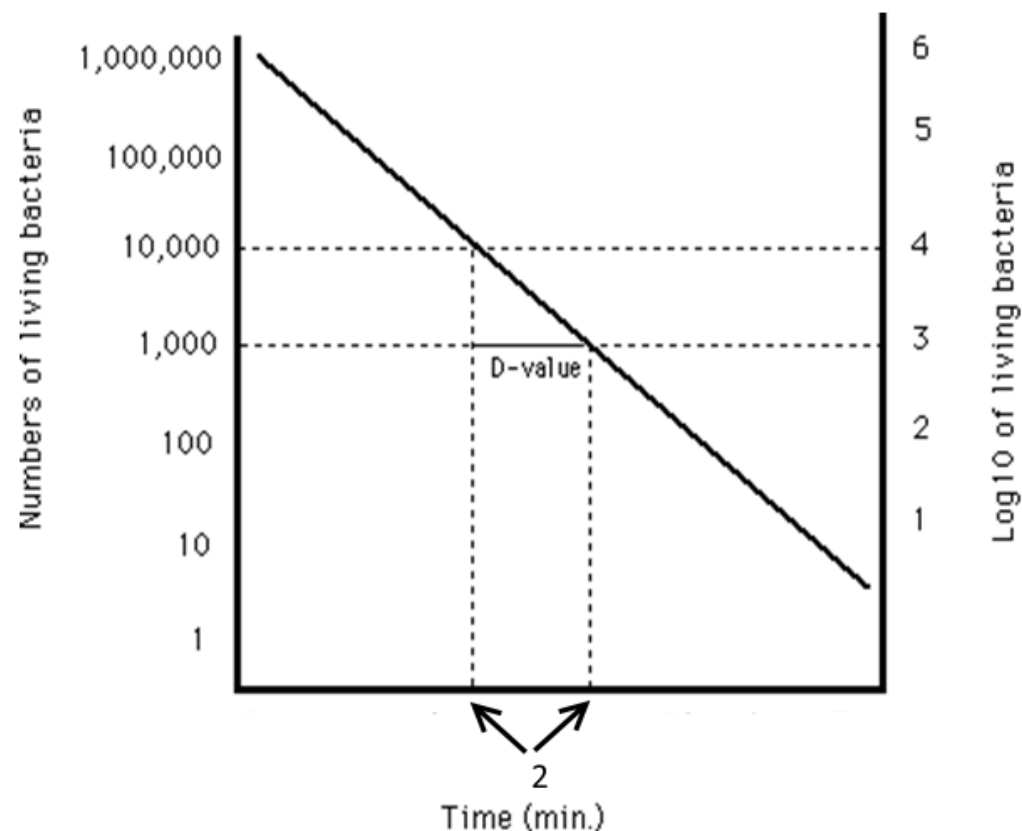


- Identity - Microbial Identification
 - Verified to the strain
 - Traceable to the reference culture
- Purity – no evidence of contamination with other microorganisms



Performance Characteristics

- D-value – qualified for mode of sterilization – resistance specifications are provided by ISO for example,
 - With a D-value of 2 minutes at 121°C, it will take 12 minutes to achieve a 6 log reduction of challenge microorganism





Performance Characteristics

Bacillus atrophaeus NRRL B4418:

Mean Population Recovery* (CFU): 2.4×10^6

D_{EO} Value** (Min.***): 2.8

D_{DH} Value** (Min.***): 1.1

Incubate at 30°C to 35°C for 7 days

Survival Time (Min.): 12.3

Kill Time (Min.): 29.0

Survival Time (Min.): 4.9

Kill Time (Min.): 11.4

- Survival-Kill
 - extent of exposure to a sterilization process under defined conditions where there is a transition from all biological indicators showing growth to all biological indicators showing no growth

A microscopic view of various bacteria, including rod-shaped and spiral-shaped organisms, set against a dark blue background. The bacteria are rendered in a lighter blue, semi-transparent style, creating a sense of depth and movement.

Responsibilities



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Responsibilities

- The manufacturer is responsible for providing results for each of the required performance characteristics

FACILITY: 15800
 DOCUMENT: 00000001.000
 P: 0000
 Effective Date: 2025-04-27 11:00:00

LOCATION: 15800
 VERSIONS OF CHANGED DOCUMENTS

STERIS

BIOLOGICAL INDICATOR CERTIFICATE OF PERFORMANCE

CATALOG NUMBER: NA008	PRODUCT NAME: Spordi Strip
PRODUCT LOT NUMBER: 261223	SUBASSEMBLY LOT NUMBER: 1745
EXPIRATION DATE: December 23, 2026	DATE OF MANUFACTURE: August 5, 2025
MANUFACTURE LOCATION: 9325 Pinecone Drive, Mentor, OH 44060	

Geobacillus stearothermophilus 7953:

Mean Population Recovery* (CFU): 2.6 x 10 ⁶	Survival Time (Min.): 4.9
D _z Value** (Min, **): 2.0	Kill Time (Min.): 16.8

Incubate at 55°C to 60°C for 7 days

Bacillus atrophaeus NRRL B4418:

Mean Population Recovery* (CFU): 2.4 x 10 ⁶	Survival Time (Min.): 12.3
D _z Value** (Min, **): 2.8	Kill Time (Min.): 29.0
D ₁₀ Value** (Min, **): 1.4	Survival Time (Min.): 4.9
	Kill Time (Min.): 11.4

Incubate at 30°C to 35°C for 7 days

* Colony forming units determined after a preliminary heat treatment.
 ** Saturated Steam, 121±0.5°C or 600±30mg/L EO using 100% EO, 54±1°C, 60±10% RH or 160±1°C Dry Heat
 *** Determined at time of manufacture by fraction negative procedure after graded exposure to sterilization conditions.

Store at 2°C to 24°C and between 30% to 80% RH. **DO NOT** use after the indicated expiration date. Dispose of as you would any other microbiological waste (121°C for a minimum of 30 minutes).

This document certifies that the biological indicator product listed above meets STERIS' quality assurance specifications and the performance criteria suggested by the current revision of the United States Pharmacopeia.

Quality Systems Representative: Date: 8-6-25

Reviewed By: Maggie Lillard Date: 8-6-2025

LIMITATION OF LIABILITY AND INDEMNITY

Nothing in this Certificate of Performance shall, or is intended to, alter, expand, or diminish the terms and conditions of sale governing your purchase of the Biological Indicator Product from STERIS. In no event, whether as a result of breach of warranty, or tort (including negligence and strict liability) shall STERIS or its suppliers be liable as a result of any statement or information contained in this Certificate of Performance. In addition, STERIS shall not be liable for any consequential or incidental damages, including, without limitation, loss of use or damage to your products or equipment, cost of substitute products, or down time costs, allegedly caused by the Biological Indicator Products. The responsibility of STERIS for damages due to injuries or death caused by the Biological Indicator Product shall be limited to that portion of such damages as might be attributable to the negligence or strict liability or other tortious conduct of STERIS.

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Responsibilities

- End users are responsible for confirming results of **population verification** and **Identity/Purity**
 - Verify appropriate D-value during sterilization validation
 - Determine D-value when using a BI in an application outside of that validated by the manufacturer



The background of the slide is a dark blue color with a pattern of various rod-shaped bacteria, likely E. coli, rendered in a lighter blue, semi-transparent style. The bacteria are scattered across the frame, some in sharp focus and others blurred, creating a sense of depth and a scientific or medical theme.

Population Verification

An example of conflicting information



Sample Sizes – Population Verification



ISO 11138
minimum of 4
units

USP minimum of 3
units prior to Aug
1, 2016 –

Manufacturer
(example)
minimum of 10
units

- Current minimum aligned with ISO



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ISO 11138-1 Annex A

1. Elute
2. Dilute
3. Plate
4. Incubate
5. Enumerate



USP <55>

1. Elute
2. Heat
3. Ice
4. Dilute
5. Plate
6. Incubate
7. Enumerate



Manufacturer

1. Elute
2. Dilute
3. Heat
4. Ice
5. Plate
6. Incubate
7. Enumerate

Test Methods – Population Verification



Population Verification

- Key Differences
 - Sample size
 - Eluting – variety of options – requires validation
 - Dilution – before/after heat shock

- Variability in test methods leads to variability in test results



A microscopic view of various bacteria, including rod-shaped and spherical forms, set against a blue background. The bacteria are rendered in a light blue, semi-transparent style, creating a sense of depth and movement.

Minimizing Risk



Minimize Risk



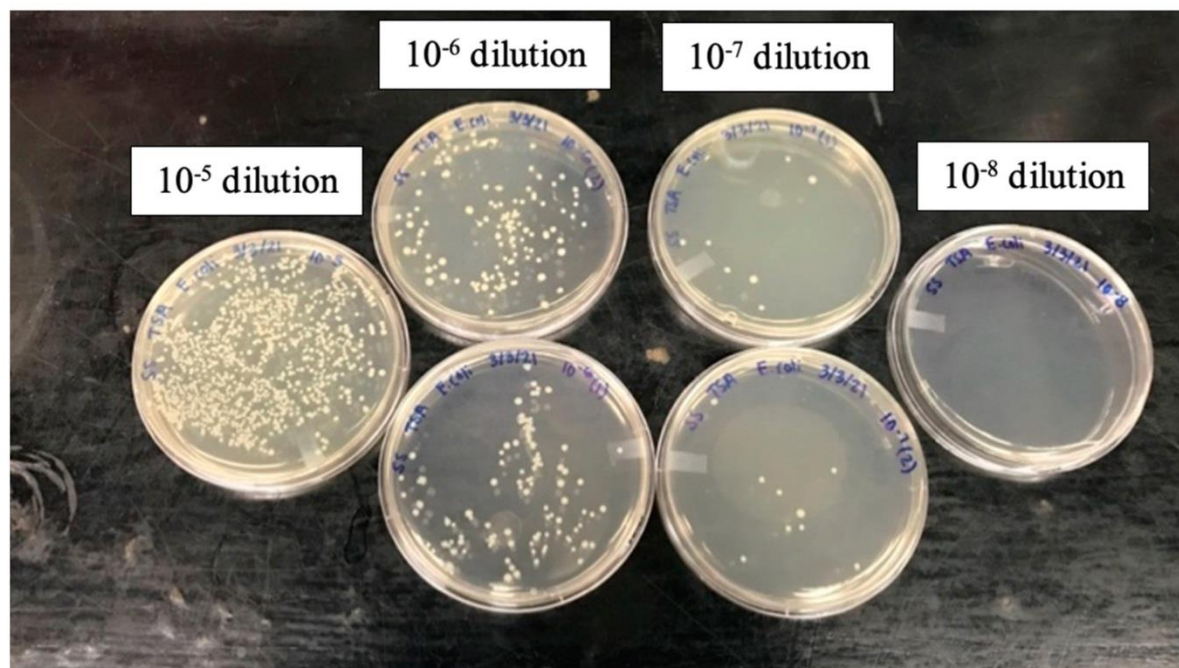
“The biological indicator manufacturer should be consulted to ensure that the same techniques and procedures are used, because variations in testing procedures can affect the population determination results.” ISO 14161

“If the user applies a different method from that recommended by the manufacturer, the method should be validated.” ISO 14161



Minimize Risk

- Reduce variability by increasing sample size for averaging results
 - This applies to sample size as well as replicates plated for incubation and enumeration





Minimize Risk

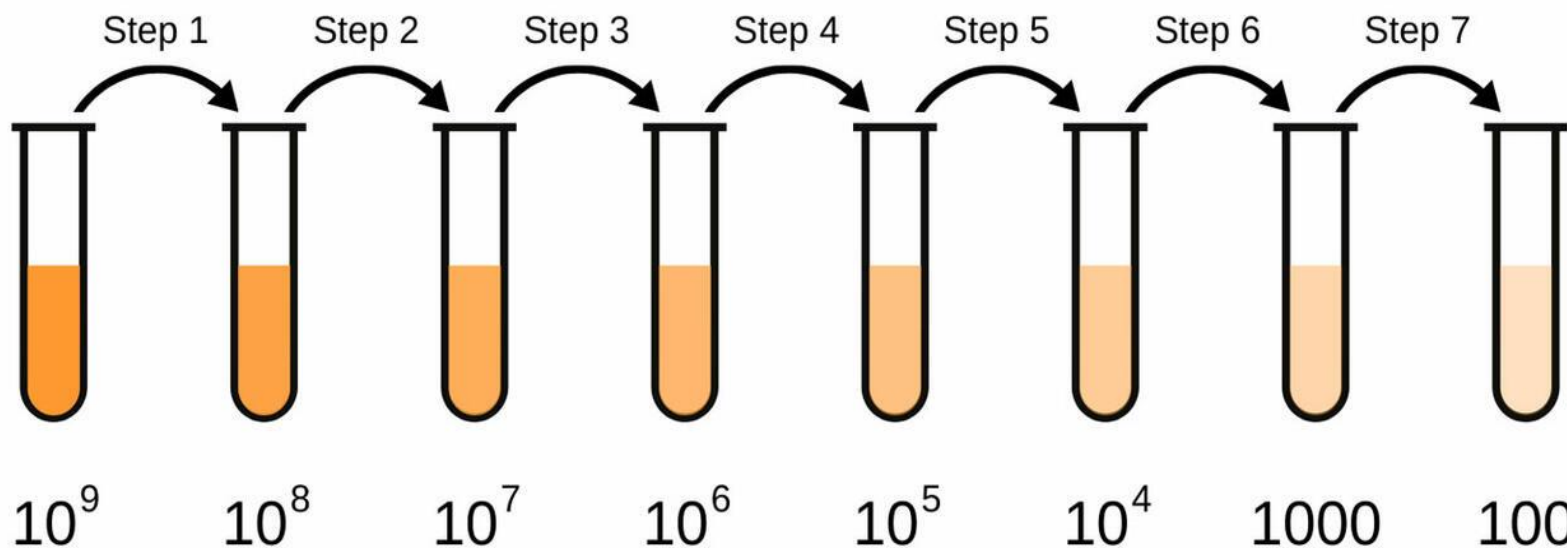
- Validate the method used for elution
 - Various options might work better for variety of BI's





Minimize Risk

- Validate the method used for dilution, including when to dilute spore suspensions – before or after heat shock and ice bath





Minimize Risk

- **Proactively** understand the purpose of the BI's and the importance of using validated test methods and acquiring BI's from a trusted manufacture





Minimize Risk



Understanding D-value and how that relates to your validated sterilization cycle



Is your sterilization validation based on SAL, overkill, bioburden, or a combination



What is the potential product/patient impact of a BI failure



Minimize Risk

- Alignment with the manufacturer

Technical Services

Validated Test
Methods

Troubleshooting
Guides



Conclusion

Guidance Documents	Key Terms
Performance Characteristics	Responsibilities
Population Verification	Minimizing Risk



CONSERVATIVE APPROACH



ALIGNMENT OF RESOURCES



MINIMIZE RISK

A microscopic view of various rod-shaped bacteria, likely Bacillus or Clostridium species, against a dark blue background. The bacteria are shown in various orientations and focus, with some appearing sharp and others blurred. The overall color palette is monochromatic, consisting of shades of blue and grey.

Thank you!

Questions...